XII.—Man's "Ephemeros" Nature According to Pindar and Others

HERMANN FRÄNKEL

STANFORD UNIVERSITY

'Εφήμερος, in early Greek literature, does not mean "creature of one day, shortlived" but "subject to the (changing) day, variable," and the term implied that, along with the shifts and changes of a man's life, his outlook and character fluctuate; thus man is unsubstantial and a mere "shadow in a dream." Another line of thought stressed the benefits to be derived from voluntary adjustment to prevailing conditions and from versatile adaptation to each person with whom one has to deal. The concept of a mutable self emerged in the late epic period. — An appendix lists and exemplifies various connotations of the word ἐφήμερος. It is followed by an index locorum.

1. Pindar's eighth Pythian, of the year 446, contains a line which, in its compactness and power, is unlike anything else in his extant verse:

'Επάμεροι τί δέ τις; τί δ'ου τις; σκιᾶς ὅναρ ἄνθρωπος.

"Day-creatures! What is any one, and what is any one not? Man is a shadow in a dream" (P. 8.95). The fine line is often quoted, but we may wonder whether we really understand it, and in particular, whether we appreciate the force of the key word, ἐπάμεροι.

- 2. The etymology of $\epsilon \pi \dot{\alpha} \mu \epsilon \rho o s$ (or $\epsilon \phi \dot{\eta} \mu \epsilon \rho o s$, $\epsilon \phi \eta \mu \dot{\epsilon} \rho \iota o s$)¹ is obvious, and yet it leaves considerable latitude of interpretation. "Day" may mean an individual day or every day; the force of $\epsilon \pi i$ varies with the case which it governs, and even within each case; moreover, a compound of $\dot{\epsilon}\pi\dot{\iota}$ and $\dot{\eta}\mu\dot{\epsilon}\rho\alpha$ can be resolved in two ways. It can be taken either as "that which is on day," or possibly as "that which has day upon it." For these reasons, the word ἐφήμερος can convey, and did convey in various stages and spheres of Greek litera-
 - 1 There is no difference in meaning between the forms ἐφήμερος and ἐφημέριος.
- ² As indicated above, exocentric prepositional compounds in Greek are of two types (both of them dating back to the Indo-European period, cp. Jakob Wackernagel, Altind. Gramm. 2.1 §§ 110, 118 f.; Ed. Schwyzer, Griech. Gramm. 1.435 f.). An example for type A is ἔνδημος "that which is in the community," while type B is represented by ξμψυχος "that which has life within (it)." Other examples are: περισφύριον "anklet" (A) as against $(\alpha \dot{\nu} \lambda \dot{\eta})$ $\pi \epsilon \rho i \sigma \tau \nu \lambda \sigma s$ "with columns around (it)" (B); Homeric $(\dot{\alpha} \sigma \pi l s)$ άμφιβρότη "around the vulnerable body" (A) as against Homeric (Ἰθάκη) άμφίαλος "with sea around (it)" (B). The same compound could be used either way at will; in Od. 2.403 (ἐταῖροι εἴατ') ἐπήρετμοι indicates that the crew is ready and "on"oars (A), while in Od. 4.559, etc., $(\nu \hat{\eta} \epsilon s)$ $\dot{\epsilon} \pi \dot{\eta} \rho \epsilon \tau \mu \omega$ means "ships with oars on them" (B).

ture, a variety of notions, for instance, "living for one day" (an insect was called $\epsilon\phi\dot{\eta}\mu\epsilon\rho\sigma\nu$); or "of that particular day," as in "the business of the day"; or "recurring every day," as in "the daily routine of military training"; or "day-to-day," as in "day-to-day subsistence." Which one of these senses, if any, is intended in the passage from the eighth Pythian?

3. When we hear Pindar call mortal men "day-creatures." we are very naturally reminded of the 90th Psalm (4-6): "For a thousand years in thy sight are but as yesterday when it is past, and as a watch in the night. . . . They are like grass which groweth up. In the morning it flourisheth, and groweth up; in the evening it is cut down, and withereth." The explanations of the Pindaric ode which I have seen all take the crucial word in the light of that parallel and of the English word "ephemeral," so that the poet would describe man as "lasting, as it were, for but one day," "short-lived." Yet the context lends no support to this rendering, and it can be demonstrated, I believe, that Pindar's ἐπάμεροι has nothing whatever to do with the brevity of human life.⁴ The notion of day is not meant to suggest duration; rather, "day" is looked upon as the frame of some special occurrence or as the symbol of some prevailing condition. The usage is well known from many Homeric phrases, as, for instance, ήματι τῷ ὅτε, meaning "on that occasion when"; 5 νόστιμον ημαρ (with ἀφείλετο, ὥλετο, sim. Od. 1.9, 168, 354, etc.) stands for "safe return" to hearth and home; and in $\epsilon \lambda \epsilon i \theta \epsilon \rho \rho \nu$ has a $\pi o i \rho a s$ (Il. 6.455, 16.831, 20.193) the word "day" substitutes, in fact, for "status." Thus, the one element in the compound, "day," refers to our status or condition on any one day, and to the wide range of contingencies that some day

³ For the evidence see the Appendix. Some of the senses in which the word was used are clearly distinct, while others converge and were blended by the ancient writers themselves (see the introductory remarks to the Appendix, below). From this a confusion resulted which the present article tries to clear up.

⁴ All occurrences of the word known to me from earlier texts were examined in their immediate and broader context, and it was found that (1) the idea of life's brevity was often out of place (see esp. note 13, below); (2) the word was consistently used in a characteristic context, indicating a definite meaning different from "short-lived"; and (3) passages containing the word were closely paralleled by others that express the same meaning in different language.

⁵ Il. 3.189, 5.210, etc. In the first mentioned passage it is especially evident that reference is made not to a particular day but rather to a certain contingency.

6 Cp. also δούλιον ἡμαρ (Il. 6.463; Od. 14.340, 17.323), νηλεές ἡ., etc. For the significance of the "day" in Homer, see "Die Zeitauffassung in der archaischen griech. Liter.," Beilageheft zur Ztschr. f. Ästhetik und allgem. Kunstwiss., 25 (1931) 101 ff., 113 ff., where also ἐψήμεροs is briefly touched upon.

may bring to pass. And the other element, $\epsilon \pi i$, indicates that "day" is "upon" us. Just as, for instance, $\epsilon \pi i \phi \theta o v o s$ is "exposed and subject to envy," so $\epsilon \phi \dot{\eta} \mu \epsilon \rho o s$ is "exposed and subject to every actuality as it arises," and the term implies that man is moulded and remoulded by changing events and circumstances. For, according to this remarkable view, it is not merely our external condition that is liable to abrupt vicissitudes: we are $\epsilon \phi \dot{\eta} \mu \epsilon \rho o i$ ourselves; our thoughts and feelings, our attitude and behavior, our ways and actions — in short, our entire personality is shifting and at the mercy of the day. We shall presently read definite statements to this effect. But first let us go back to the significant Pindaric line, as it stands in its setting.

4. Pindar's latest verse shows no softening of the poet's spirit; it rather becomes more violent and tragic. The eighth Pythian celebrates the victory of a boy wrestler, and, in order to heighten the glory of the day, the writer depicts in merciless words the shame and dejection of four defeated opponents. Then he goes on to say: "But he who has won a fresh prize, soars in splendid exuberance, driven by hope and borne on the wings of prowess; his mind is set on thoughts beyond wealth. In but little time the joy of mortals grows; even so it falls to the ground, shaken by a turn of the mind." 9

⁷ See below, note 17, and cp. further such coinings as $\xi\pi\iota\theta\omega\iota$ os (vII/vI cent.) "liable to a fine"; $\xi\pi\iota\delta\iota$ os "subject to judicial decision"; $\xi\pi\iota\tau\epsilon\lambda\eta$ s "subject to taxation"; $\xi\pi\iota\kappa\rho$ os; $\xi\pi\iota\sigma\lambda$ os δρμος; $\xi\pi\iota\nu\sigma$ os "an easy prey to disease"; and $\xi\pi\iota\rho\kappa$ os "perjured" (of the swearer) or "sworn falsely" (of the oath), because an oath is, by definition, a conditional self-curse, and when the oath is false, the curse is "on" (the swearer) and he is "subject to" the penalty (see K. Latte, RE s. v. "Meineid," 346). All these are type B compounds (see note 2). In posthomeric times, however, an alternative way opened up for taking $\xi\phi\eta\iota$ μεροs as a type A compound and yet arriving at the same meaning, "day-determined." As soon as the use of $\xi\pi\iota$ c. dat. in the sense "in the power of" was developed, $\xi\phi\eta\iota$ μεροs could be taken as "in the power of the day."

8 Aristophanes, Eq. 518, uses ἐπέτειος, after the analogy of ἐφήμερος, in the sense of "fickle": ἐπέτειοι τὴν φύσιν ὅντες, i.e. at the Dionysia of one year the public feels quite differently about a poet from what they thought of him in preceding years.

9 Lines 88 ff.: Ὁ δὲ καλόν τι νέον λαχών άβρότατος ἐπὶ μεγάλας ἐξ ἐλπίδος πέτεται ὑποπτέροις ἀνορέαις, ἔχων κρέσσονα πλούτου μέριμναν' ἐν δ' ὁλίγω βροτῶν τὸ τερπνὸν αὕξεται· οὕτω δὲ καὶ πίτνει χαμαί, ἀποτρόπω γνώμα σεσεισμένον. — 'Αβρότας μεγάλα suggests an extravagance of well-being (cp. μείλιχος αἰών, 97); the winner feels like an oriental king. 'Επὶ is not temporal but quasi-local: as a bird floats on air, so he in his high flight floats, as it were, on his happy condition. 'Ελπὶ's is overconfidence and wishful thinking (cp. Nem. 11.46). 'Αποτρόπω γνώμα (probably) means not, as Boeckh and Gildersleeve took it, ''infesto decreto (deorum),'' but rather ''through a reversal of his disposition,'' i.e. a turn from confidence to despondency (cp. Nem. 11.30–32); for the phrasing cp. fg. 214 Schroeder: ἐλπίς, ἃ μάλιστα θνατῶν πολύστροφον γνώμαν κυθερνᾶ. Similar, though not identical, explanations were offered by the scholium 131c, which paraphrases: ἀηδεῖ τινι γνώμη καὶ πείρα, i.e. ''in consequence of an unpleasant experience,'' and by Hartung and Schroeder.

And again we read: "But when god-given light comes, then a bright gleam and a gentle life are upon men." The human spirit, then, shifts abruptly from one extreme to the other, with confidence and despondency alternating; and such emotional vagaries are induced by our good or bad luck. It is in between these two observations that our line is found: "Day-creatures! What is any one, and what is any one not?" We are everything in succession, great and small, proud and humble; and as there is nothing we are not, we are not anything really. "Man is a shadow in a dream." A thing which changes as man does, can therefore not be substantial. The conclusion is plausible enough; and its logic was pursued to the limit by Pindar's contemporary, Parmenides. Parmenides undertook to demonstrate that man and his world, because everything in it seems to come and go and change in the course of time, are nothing but unsubstantial phantoms.

5. There is ample evidence to prove that ἐφήμερος was used as an equivalent to "unstable." Typical instances are: "ἐφήμερος rather than stable"; "ἐφήμερος rather than secure"; and in parallel passages from Cicero and Epicurus, the phrase "in potestate fortunae" corresponds to ἐφήμερος.¹² "Precarious" is another possible rendering for the term; for the idea is not that our condition is shifting constantly, but rather that there is no certainty of permanence. The greater the number of our years, the more are we likely to see the day of a complete reversal.¹³ With the last reflec-

10 Lines 96 f.: 'Αλλ' ὅταν αἴγλα διόσδοτος ἔλθη, λαμπρὸν φέγγος ἔπεστιν ἀνδρῶν καὶ μείλιχος αἰών. Construe αἰών with ἔπεστιν: the ''day upon'' the ἐπάμεροι is then a kindly one. For the phrasing cp. Isthm. 8.14: δόλιος γὰρ αἰών ἐπ' ἀνδράσι κρέμαται, ἐλίσσων βίου πόρον; Ol. 2.10: αἰών δ' ἔφεπε μόρσιμος, πλοῦτόν τε καὶ χάριν ἄγων γνησίαις ἐπ' ἀρεταῖς. For αἰών in connection with the changing day, cp. Isthm. 3.18: αἰών δὲ κυλινδομέναις ἀμέραις ἄλλ' ἄλλοτ' ἐξάλλαξεν.

11 Cp. Aesch. Prom. 547–549: ἐφαμερίων . . . ἰσόνειρον; fg. 399 (see below, note 17): ἐφήμερα φρονεί . . . κάπνου σκιά; Aristoph. Aves 686 f.: σκιοείδεα φῦλ' ἀμενηνά . . . ἐφημέριοι . . . εἰκελόνειροι.

12 Epicurus, fg. 489: Ἐφήμερον πᾶν τὸ τῶν πολλῶν ἀγαθόν ἐστι καὶ κακόν, σοφία δὲ οὐδαμῶς τύχη κοινωνεῖ. Cic. Τυς. 5.26.73: (Even Epicurus rises occasionally to true philosophical stature, so as to) fortunam contemnere, cum (=although) sit omne et bonum eius et malum (=pleasure and pain) in potestate fortunae. — For other examples, see the Appendix, group 1.

13 Man, then, is ἐφήμερος not because his life is too short but because it is too long to retain any quality of consistency. Cp. Eurip. Or. 976: $l\dot{\omega}$ $l\dot{\omega}$, πανδάκρυτ' ἐφαμέρων ἔθνη πολύπονα· λεύσσεθ' ὡς παρ' ἐλπίδας μοῖρα βαίνει (uncertainty and frustration), ἔτερα δ' ἔτερος ἀμείβεται (change) πήματ' ἐν χρόνφ μακρῷ (!), βροτῶν δ' ὁ πᾶς ἀστάθμητος αἰών (instability). In the story quoted from Aristotle (fg. 44) by Ps.-Plutarch (Mor. 115p), Silenus suggests to Midas an early death as a remedy (!) for τὸ ἐφήμερον: Δαίμονος

tion, we are on very familiar ground; the Herodotean Solon discourses at length on the too many days in a man's life, and draws the conclusion that "Man is all accident" (Hdt. 1.32).

6. Applied to man in general, the term ἐφήμερος reflects the thesis that inconstancy is inherent in human nature. It is in the Odyssey that we find that doctrine enunciated in plain and full language. In the eighteenth book, when Odysseus sees himself reduced to a beggar's status in his own palace, he remarks to one of the suitors that lord it there: "Once I too was prosperous among men, and at that time I felt confident and acted recklessly. But now I know better. Of all creatures that breathe and creep on earth, man is the most miserable. While we are young and strong, and while the gods grant us aretê, we refuse to believe that misfortune may ever hit us. And yet, when the gods make reality dark and painful for us, we bear our lot in a temper of submissive endurance.

For such is the mind (vóos) of men on earth,

As is the day that the father of men and gods sends upon them" (Od. 18.130-40). That is, a lion is always a lion, and a sheep remains a sheep; but man is lion and sheep in turn, according to Zeus' day¹⁵ that is upon him.¹⁶

7. The doctrine of man's personal variability, once it had emerged in the latter days of the epic period, was immediately adopted by the rising lyric age of Greece. (I am using the term "lyric" in its modern connotation.) The first representative of the new era, Archilochus of Paros, echoed the saying of the Homeric Odysseus. In his iambics he wrote (fg. 68 Diehl):

έπιπόνου καὶ τύχης χαλεπῆς ἐφήμερον σπέρμα, ''it were best for you not to be born, and second best to die young.'' Cp. also Eurip. Heraclidae 865 f. in its context: One day (851) was sufficient to humiliate a man who had been lording it for almost a lifetime; and the moral is: Τὸν εὐτυχεῖν δοκοῦντα μὴ ζηλοῦν πρὶν ἄν θανόντ' ίδη τις ὡς ἐφήμεροι τύχαι.

14 The precise meaning of ἀκιδνός is not known.

16 The idea that Zeus is the source of actuality is expressed in the epithet τ έλεως. Zeus could even be thought of as identical with actuality, for this is what Sophocles declares in the last line of the Trachiniae: $κοὐδὲν τοὑτων (scil. τῶν θανάτων καὶ παθημάτων) ὅτι μὴ Zeၑς. The concept, in turn, of a father-god who "sends upon us," or is, the "day," may help explain his very name Zeၑς <math>\pi ατήρ$, Diespiter or Juppiter, dyauh pitā, i.e. "Father Day" or "Father Sky." This god makes, or represents, the physical day and weather as well as the day and weather for man in a broader sense. For the combination in one word and notion of the ideas Heaven, Sky, God, Weather, and Day, cp. also the Chinese t'ien.

¹⁶ One such degrading transformation is mentioned in the preceding book of the *Odyssey* (17.322 f.): Zeus takes away from man half his *aretê* (in this case, his active interest in whatever may be his business) as soon as the "slavish day" overcomes him.

Τοῖος ἀνθρώποισι θυμός, Γλαῦκε Λεπτίνεω πάι, γίγνεται θνητοῖσ' ὁκοίην Ζεὺς ἐφ' ἡμέρην ἄγη, καὶ φρονεῦσι τοῖ' ὁκοίοισ' ἐγκυρέωσιν ἔργμασιν. 17

"The spirit in mortal men becomes such as is the day that Zeus sends upon them, and they have such thoughts as are the facts on which they chance." This view helped to bring lyric poetry to the fore. It seemed more important now for the writers to reflect in their verse the changing day than to erect a monument to bygone times. Archilochus' poetry and thought were primarily concerned with the fleeting Now, Here, and I; and throughout the archaic period, down to Pindar, the idea of the passive and pliable self was a major element in the general feeling of human helplessness (àunxavia) of which we hear so much in the literature of the time. 19

8. The concept of man's $\epsilon\phi\eta\mu\epsilon\rho\sigma$ nature has a number of ramifications. With our outlook determined by the day, our field of vision is limited; we dwell in ignorance of reality at large and fall

¹⁷ The phrasing, $\dot{\epsilon}\phi'$ ἡμέρην scil. ἄγη = $\dot{\epsilon}\pi'$ ἡμαρ ἄγησι in Homer, illustrates the way in which the word $\dot{\epsilon}\phi$ ήμερος was originally fashioned (see above, ¶3 with note 7).

It will be noted that Homer and Archilochus take the inconstancy of external conditions for granted; the point they make is that our character changes just as they do. The notion of a character, however, was not yet clearly established; the words used are, in Homer, $\nu \acute{o}os$, and in Archilochus, $\theta \nu \mu \acute{o}s$ and $\phi \rho o \nu \epsilon \acute{\nu}\nu$. Both $\nu \acute{o}os$ and $\theta \nu \mu \acute{o}s$ can mean "spirit, disposition, attitude"; and $\phi \rho o \nu \epsilon \acute{\nu}\nu$ has an emotional as well as intellectual connotation, as is shown by phrases like $\phi \ell \hbar \alpha \phi \rho o \nu \epsilon \acute{\nu}\nu$ and $\mu \acute{e}\gamma \alpha \phi \rho$. Archilochus may have here in mind primarily $\mu \acute{e}\gamma \alpha \phi \rho o \nu \epsilon \acute{\nu}\nu$ and its opposite.

For the use of φρονείν in connection with έφήμερος, cp. έφημέρια φρονέοντες in Od. 21.85 (see ¶ 8); Aesch. fg. 399: τὸ γὰρ βρότειον σπέρμ' ἐφήμερα φρονεί, καὶ πιστὸν οὐδὲν μᾶλλον ἢ κάπνου σκιά; and Pindar fg. 182: φροντὶς ἐπαμερίων (see ¶ 8).

For the use of θυμός, cp. θυμόν ἐφημέριον in Theognis 966 (see ¶ 11); in Theocritus 30.31, the θυμός is compared with a φύλλον ἐφημέριον which is picked up and carried away in any direction by a slight breeze of Eros. For the comparison with a leaf, in turn, cp. Aristoph. Aves 685–87 (see note 11): φύλλων γενεᾶ προσόμοιοι . . . ἐφήμεροι, Plutarch 1090B (see App. group 1): ἐφήμερα καλεῖν φύλλοις τε εἰκάζειν, and the other parallels quoted in the Appendix, introductory remarks.

¹⁸ The concept of man's variable personality is hardly compatible with one of Pindar's most cherished tenets, the maxim that a person's inherited and congenital character is invariable (cp., e.g., the end of Ol. 11). The poet seems to have reconciled the two views by assuming that the will of the gods, or human limitations in general, often prevent the innate and hereditary qualities from taking effect; an idea which seems already to underlie a passage from the Iliad, 20.241–43. In this light, the essential weakness of human nature could be strikingly demonstrated (as in Nem. 6.1–24, Nem. 11.37–46) by pointing out how, in one and the same family, athletic prowess is much in evidence in certain generations and apparently absent in the intervening generations.

19 For $\dot{\alpha}\mu\eta\chi\alpha\nu l\alpha$ and an enforced change of character, cp. Theognis 373–92. For a penetrating discussion of the lyric $\dot{\alpha}\mu\eta\chi\alpha\nu l\alpha$ and emotionality, see Bruno Snell, *Die Entdeckung des Geistes* (Hamburg, 1946) 68–80, 96.

an easy prey to illusions. Homer's Odysseus had already indicated as much; and Semonides of Amorgus sets forth that, while Zeus holds in his hands all reality ($\tau \dot{\epsilon} \lambda o s$) and dispenses it at will, man has no insight ($\nu \dot{o}os$); he lives $\dot{\epsilon}\phi \dot{\eta}\mu\epsilon\rho os$ like the beasts on the field (?), with no knowledge of the issues that God will ordain for his divers actions; wishful thinking $(\dot{\epsilon}\lambda\pi is)$ nurses vain ambitions in him.²⁰ Pindar, in the opening stanza of the sixth Nemean, connects human instability with our ignorance of the έφαμέριος mark to which our destiny may take us sooner or later.21 In a Pindaric fragment (182 Schroeder) we read: "Alas, how the minds of ἐπαμέριοι are deceived, for they know not . . . "; and in another (157) Silenus says to Olympus: "You poor ἐφάμερος, you talk like a child (νήπια) in your boastfulness."22 The ἐφήμερος, with his mind on the thing at hand, is impulsive and uninhibited; he is childish and primitive $(\nu \dot{\eta} \pi \iota os)$ in that he lacks self-control. The faithful herdsmen in the Odyssey weep at the sight of their master's bow, which shall now be used to select a new husband for Penelope; and for this they are upbraided by one of the suitors as "Primitive boors, with ἐφημέρια

20 Semon. Amorg. fg. 1. 1 ff.:

*Ω παῖ, τέλος μὲν Ζεὐς ἔχει βαρύκτυπος πάντων ὅσ' ἔστι καὶ τίθησ' ὅκῃ θέλει νόος δ' οὐκ ἐπ' ἀνθρώποισιν, ἀλλ' ἐφήμεροι ἄ δὴ (?) βοτὰ ζώομεν (?), οὐδὲν εἰδότες ὅκως ἔκαστον ἐκτελευτήσει θεός. ἐλπὶς δὲ πάντας κάπιπειθείη τρέφει ἄπρηκτον ὀρμαίνοντας.

21 With the ἐφαμερία στάθμα Pindar means, not death in particular but any condition in general to which we may see ourselves reduced. This is clearly shown by a passage from Euripides' Ion, 1512 ff.: Ω μεταβαλοῦσα μυρίους ἦδη βροτῶν καὶ δυστυχῆσαι καίθις αὖ πρᾶξαι καλῶς τύχη, παρ' οἶαν ἤλθομεν στάθμην βίου, μητέρα φονεῦσαι καὶ παθεῦν ἀνάξια. The main idea, then, of Nem. 6.3-6 is that, by contrast to unshakable heaven, man's condition is variously determined by the day (ἐφαμερία); hence he is unable to count on the future and, for all his noble ambition, he is a nullity (οὐδέν). The same ideas recur in Nem. 11.37-47 (see also note 18) and Ol. 12.3-12. (These two passages, in turn, have an unusually close parallel in "Hermolochus," Stobaeus 4.36.66 =4.2, p. 845 Hense: ᾿Ατέκμαρτος ὁ πᾶς βίος οὐδὲν ἔχων πιστὸν πλανᾶται συντυχίαις ἐλπὶς δὲ φρένας παραθαρσύνει τὸ δὲ μέλλον ἀκριβῶς οἶδεν οὐδεὶς θνατός ὅπη φέρεται θεὸς δὲ πάντας ἐν κινδύνοις θνατούς κυβερνῷ ἀντιπνέει δὲ πολλάκις εὐτυχίαις δεινή τις αὖρα.)

For the expression in Nem. 6.6, "where the days or nights may take us," cp. Theognis 159 f. (see next note) and Hes. Op. 101-103 (contributed by the referee): the uncontrollable forces strike "at any time." For the phrasing, έφαμερίαν οὐδὲ μετὰ νύκτας, cp. Plato Tim. 71A.6: νυκτός τε καὶ μεθ' ἡμέραν and Soph. 220D: νυκτερινόν . . . μεθημερινόν.

²² For the thought, cp. Theognis 159 f.: Μήποτε, Κύρν', άγορᾶσθαι έπος μέγα, οἶδε γὰρ οὐδεὶς ἀνθρώπων ὅ τι νὺξ χήμέρη ἀνδρὶ τελεῖ.

ideas (Νήπιοι ἀγροιῶται, ἐφημέρια φρονέοντες, Od. 21.85),"23 yielding to their emotion²4 and making things still harder for Penelope. Thus the word ἐφημέριος can imply lack of restraint. Theognis (485 f.) uses the "low-class, ἐφημέριος laborer" as a horrible example of a man who overdrinks at a banquet because, once he has a chance to load himself up, he is unable to resist the temptation.²5

- 9. The early philosophers had much to say about the influence that accidental circumstances exercise on the mind of man; but our evidence is deplorably incomplete.²⁶ Parmenides elaborated a theory according to which the insight (vòos) with which we are blessed varies with the variable²⁷ constitution of the "limbs" (Vorsokr. 28, B.16); and Empedocles maintained that our apprehension is feeble because our "intellectual powers are blunted by trivial impressions," and our horizon is narrow because "each one believes only in his own experiences" (Vorsokr. 31, B.2.2–4).²⁸
- 10. So far, the ἐφήμερος reaction was considered a fundamental weakness of man's nature; but it can also be turned into a source of strength. Adjustment makes the vicissitudes of life easier to bear.

²³ For the phrase ἐφημέρια φρονεῖν see note 17. Democritus (Vorsokr. 68, B.158) spoke of men in general as νέα ἐφ' ἡμέρη φρονέοντες. This suggests a different analysis for the word ἐφήμερος, with a similar result in meaning (see Appendix, introductory remarks).

²⁴ If, in a given context, έφημέριος can easily assume the meaning "emotional, tearful," then οὐκ ἐφημέριος can evidently be used to indicate that a person is immune from emotional reactions, so as to shed no tears. This reasoning opens the way to a new explanation of Od. 4.223: "Helen put into their wine φάρμακον . . . νηπενθές τ' ἄχολόν τε, κακῶν ἐπίληθον ἀπάντων δς τὸ καταβρόξειεν, . . . οὕ κεν ἐφημέριος γε βάλοι κατὰ δάκρυ παρειῶν (not even if both his parents were lying dead, or his brother or child were slain before his eyes)." The traditional rendering of the word, however, "for the duration of the day," seems simpler.

25 Theognis 485 f.: μή σε βιάσθω γαστήρ ώστε κακὸν λάτριν ἐφημέριον. The traditional explanation, "a laborer hired for the day," does not fit the context.

²⁶ One reason for the inadequacy of the doxographic tradition on this subject is Aristotle's oversimplifying assumption that the ancients identified thought and sensual perception; he even read this identification into the lines we quoted from the 18th book of the Odyssey. See Harold Cherniss, Aristotle's Criticism of Presocratic Philosophy (Baltimore, 1935) 313 with note 86; cp. also Theophr. De sens. 3: τὸ γὰρ αἰσθάνεσθαι καὶ τὸ φρονεῖν ὡς ταὐτὸ λέγει (scil. Parmenides).

²⁷ The word used for "variable" is πολύπλαγκτοs. For the connection between τ∂ πολύπλαγκτον and mental mutability see below, ¶ 13.

²⁸ Heraclitus, on the other hand, objected to the lines which we quoted from Archilochus. For him it was not true that the thoughts of people at large conform to their experiences (*Vorsokr.* 22, B.17), because he felt that they fail to understand the language of reality (cp. B.1; 107 etc.). And Protagoras, in fact, reversed the doctrine. While, according to Archilochus, we see things just as they happen to be for us, Protagoras (80, A.13–18, B.1) maintained that things are just as we happen to see them.

"Small in smallness, great in greatness shall I be," says Pindar (P. 3.107 ff.), "and in my mind I shall comply with the prevailing daemon, serving him to the best of my skill." In another ode (Isthm. 7.40 ff.) he declares: "Pursuing the $\epsilon\phi\dot{\alpha}\mu\epsilon\rho\sigma$ happiness, I shall enter serenely on old age and on whatever is fated for my life."

11. One step further, and voluntary adaptation to circumstances as they arise may be used for dishonest purposes, and a man may manage his own personality so as better to exploit others. An elegy of the Theognis collection (963 ff.) sounds a warning against the "counterfeit, deceitful manner" of the many people that "put on an ἐφημέριος spirit." Here ἐφημέριος assumes the meaning "time-serving." Another elegy from the same book blandly recommends assimilating one's own manner to that of the friend with whom one is dealing at the moment. Like the cuttlefish that changes its color so as to match the rock to which it clings, so one ought to accommodate one's own mood to that of the partner (213–18). The conceit, including the comparison, "was borrowed

²⁹ In Theognis 655 f. we read: Σύν τοι, Κύρνε, παθόντι κακῶς ἀνιώμεθα πάντες ἀλλά τοι ἀλλότριον κῆδος ἐφημέριον. This seems to mean: "We all grieve with a man who has just suffered an affliction; but care for the other fellow's sake is no more than casual." (The double τοι is probably the particle; about 10% of all connected passages in Theognis begin with τοι, according to Josef Kroll, Theognis studien, Philologus Suppl. 29.1 [1936] 95, note 258.) If this is correct, ἐφημέριος again refers to an immediate emotional reaction of a transitory nature. See my addendum, page 145.

³⁰ The passage 213–18 recurs in 1071–74. The repetition omits the cuttlefish couplet and therefore replaces $\chi\rho\delta\alpha$ γίνου (217) by πέλευ $\delta\rho\gamma\dot{\eta}\nu$ (1073). The pert line 1074 gives probably the original version, which was then bowdlerized into the flabby line 218. The best available text can only be arrived at by an eclectic utilization of the various traditions, direct and indirect:

Κύρνε, φίλους κατὰ πάντας ἐπίστρεφε ποικίλον ἦθος, συμμίσγων ὀργὴν οἶος ἔκαστος ἔφυ. πουλύποδος νόον ἴσχε πολυπλόκου (?), δς ποτὶ πέτρη, τῆ περ ὀμιλήση, τοῖος ἰδεῖν ἐφάνη. νῦν μὲν τῷδ'(?) ἐφέπου, τοτὲ δ'ἀλλοῖος χρόα γίνου. κρεῖσσόν τοι σοφίη καὶ μεγάλης ἀρετῆς.

 31 Plutarch, describing Alcibiades as a past master in this mimicry, compares him to a chameleon (Alc. 23.4): 7 Ην γὰρ ὤς φασι μία δεινότης αὕτη τῶν πολλῶν ἐν αὐτῷ καὶ μηχανὴ θήρας ἀνθρώπων, συνεξομοιοῦσθαι καὶ συνομοπαθεῖν τοῖς ἐπιτηδεύμασι καὶ ταῖς διαίταις, ὀξυτέρας τρεπομένῳ τροπὰς τοῦ χαμαιλέοντος. The comparison with a chameleon is used by Aristotle for the other aspect of variability, the passive transformation of an individual who is thought to be blessed and wretched in turn (Eth. Nic. 1.1100B.6): δῆλον γὰρ ὡς, εἰ συνακολουθοίημεν ταῖς τύχαις, τὸν αὐτὸν εὐδαίμονα καὶ πάλιν ἄθλιον ἐροῦμεν πολλάκις, χαμαιλέοντά τινα τὸν εὐδαίμονα ἀποφαίνοντες καὶ σαθρῶς ἰδρυμένον.

from a minor epic poem, in which a traveler was advised to be a different man in different countries.³² Both lines of thought, then, the idea of $\dot{\epsilon}\phi\dot{\eta}\mu\epsilon\rho\sigma$ mutability as a bane and the notion of clever flexibility as a boon, originated in the late epic period.

- 12. To conclude our short discussion, let us review in historical sequence how the concept which we have been studying came to emerge and prevail.
- 13. The earlier epic poetry, as represented by the *Iliad*, was based on the idea of stability. Just as the past with which it dealt was set and fixed for evermore, unchangeable, even so its characters were, first of all, stable entities. Agamemnon was and remained proud Agamemnon; Achilles was, and stubbornly remained, proud Achilles; and so the two quarreled and clashed and sulked. Later generations saw their ideal of human greatness in a different light. As legend puts it, not obstinate and stolid Ajax but versatile and worldly-wise Odysseus fell heir to Achilles' armor and prestige. The maxim that underlies this story is well formulated in a line from the Theognis book (1074) to the effect that "Wit overmatches a pound of worth" (κρεῖσσόν τοι σοφίη καὶ μεγάλης άρετῆς). The line is from the passage just mentioned, the passage likening the adaptable man to a cuttlefish or, to quote the exact wording, to a πουλύπους πολύπλοκος. In another couplet from the same collection, an adaptable boy is likened to a πολύπλαγκτος bird.33 In similar language, the proemium of the Odyssey celebrates its hero as the $\pi o \lambda \dot{\nu} \tau \rho o \pi o s$ os

 32 The epic lines, from the admonitions given to Amphilochus by his father Amphiaraus, advise the traveler to adjust himself to the local ways (Powell, *Anal. Alex.* 246, no. 2):

Πουλύποδός μοι τέκνον έχων νόον, 'Αμφίλοχ' ήρως, τοῖσιν έφαρμόζειν τῶν κεν κατὰ δῆμον ἴκηαι, ἄλλοτε δ' άλλοῖος τελέθειν και χώρη ἔπεσθαι.

Pindar, who wrote for many communities himself, and was occasionally so courteous to one as to incur the wrath of another, renders the maxim in this form (fg. 43 Schr.): δ τέκνον, ποντίου θηρὸς πετραίου χρωτὶ μάλιστα νόον προσφέρων πάσαις πολίεσσιν δμίλει, τῷ παρεόντι δ' ἐπαινήσαις ἐκών ἄλλοτ' ἀλλοῖα φρόνει. The Theognis passage goes much further in that it recommends this sort of mimicry for the intercourse with friends in general. Cp. also Soph. fg. 307 (Pearson); Ion fg. 36 (Nauck p. 739); Eupolis fg. 101 (Kock 1.284).

³³ Theognis 1257: $^{7}\Omega$ παῖ, † κινδύνοισι (κιλλούροισι Herwerden) πολυπλάγκτοισιν δμοῖος ὁργήν, ἄλλοτε τοῖσ' ἄλλοτε τοῖσι φιλεῖ (?). The couplet is too corrupt for a full interpretation, but it seems certain that the boy transfers his loyalty from one group to the other and makes himself popular with each clique in turn by a change in his disposition. The plural τοῖσι precludes a reference to love affairs.

μάλα πολλὰ πλάγχθη³⁴ and who had thus a chance to know πολλῶν ἀνθρώπων νόον;³⁵ with his agile mind, the great traveler made good use of his wide experience, for he managed to survive all sorts of perils and would even have brought his men safely home, had it not been for their own foolishness. This is in direct contrast to Achilles, who chose death in battle, and whom the opening lines of the *Iliad* extol as sacrificing to his unyielding pride the lives of many comrades.

- 14. Within the *Odyssey*, in a scene in which clever Odysseus plays to perfection the part of a beggar, swallowing his pride and obliterating his real character as a stratagem for reestablishment of his real character in that scene Odysseus reveals the somber aspect of adaptability and avers that man's self is fickle and subservient to the day. The somber aspect was to haunt and harass the Greeks of the following era. Man felt helplessly adrift.
- 15. The classical age gave man again a firmer stand on this his earth, but tragedy did not forget the significance of the Day. In the prologue of Sophocles' Ajax, Athena declares: "Day lays low and raises up again all things human" (131), in confirmation of a remark just made by Odysseus: "All men alive are nothing but images and flimsy shadows" (125 f.). These two comments, combined, amount to a restatement of what we have found in Pindar's $\epsilon \pi \dot{a}\mu\epsilon\rho\omega$ line. As the plot of Sophocles' play develops, we learn that Ajax is safe if he can be kept within his tent for this one day; if not, he is doomed (753–57). A number of tragedies confine the time of action to a single revolution of the sun and make a point of the narrow temporal compass; not so much for technical reasons, I believe, but rather to teach the lesson of man's $\epsilon\phi\dot{\eta}\mu\epsilon\rho\sigma$ s nature. A mortal is, body and soul, at the mercy of any one day.

³⁴ I am indebted to Maurice Cunningham for calling my attention to the coincident wording in Theognis 1257 (πολυπλάγκτοισιν) and Od. 1.1 f. (πολλά πλάγχθη).

 $^{^{35}}$ In Od. 5.432 ff. Odysseus himself is likened to a cuttlefish, but only in respect to the tenacity with which he clings to a rock in the surf.

³⁶ It is well known that Aristotle went too far when he asserted (Poet. 1449_{B.13}) that tragedy μάλιστα πειρᾶται ὑπὸ μίαν περίοδον ἡλίου εἶναι, ἡ μικρὸν ἐξαλλάττειν. "As for unity of time, it would more closely correspond to the facts to say that time does not exist unless it is mentioned" (H. D. F. Kitto, Greek Tragedy [London, 1939] 169, note 1). The more, then, can we be sure that, when the time element is stressed (e.g. in Oed. Tyr. 438: "This day will give you both birth and destruction"), there is a meaning behind it.

APPENDIX

This is a lexicographical study of the word $\epsilon\phi\eta\mu\epsilon\rho\sigma$ s in its various connotations, supplementing the article which deals with one significant meaning in the earlier language. The list is by no means intended to be complete, but every occurrence mentioned (except Vett. Val. 62.17) was examined in its full context.

'Εφήμερος can be analyzed in several ways (see above, ¶ 2 and note 2), but in certain cases the result is very similar (see notes 3, 7, 23), so that some passages can equally well be assigned to more than one group (see the remark at the end of group 1, below). The following arrangement should therefore be taken with a grain of salt.

The comparison with a leaf (see note 17) illustrates the complex of related but not identical ideas on the nature of man that could be read into the one word $\epsilon\phi\eta\mu\epsilon\rho\sigma$ in later times:

- (1) "subject to the day, changeable," group 1 (man's soul is like a loose leaf whirled hither and thither by the whims of the breeze);
- (2) "lasting for one day only," group 3 (man's life span is short like that of a leaf that sprouts in spring and dies by fall time, cp. Mimnermus fg. 2 and Plut. 1090B, see below, group 1 [sic]);
- (3) "daily, renewed with every new day," groups 2 and 4 (the generations of men succeed one another like the yearly foliage of trees, cp. *Iliad* 6.146-49).

When, on the other hand, the word is specifically applied to man's views and feelings, these three ways of analyzing it all lead to the same result, "mutable, temporary, inconstant." It will further be noted that in group 2, below, usages are derived both from $\dot{\epsilon}\phi$ ' $\dot{\eta}\mu\dot{\epsilon}\rho\alpha$ and from $\dot{\epsilon}\phi$ ' $\dot{\eta}\mu\dot{\epsilon}\rho\alpha\nu$. The variety and the overlapping of notions are indeed confusing; and it is not surprising that the meaning which the article tries to establish has been overlooked.

"Unstable, insecure, precarious" sim. Plu. 1090 Β: τὸ γὰρ ἐφήμερα καλεῖν (= the way poets are used to speak of ἐφήμερα, etc.) καὶ ἀβέβαια καὶ ἀστάθμητα (ἀστ. recurs in Eur. Or. 981, see note 13), φύλλοις τε (see note 17) γιγνομένοις ἔτους ὥρα καὶ φθίνουσιν εἰκάζειν τὸν βίον . . .; Plu. 1104 F: καταφρονοῦντες ἐαυτῶν ὡς ἐφημέρων καὶ ἀβεβαίων καὶ πρὸς οὐδὲν ἀξιόλογον γεγονότων; Plu. 821 F: ἐφήμερόν τινα καὶ ἀβέβαιον δόξαν (= popularity); Plu. Caes. 5.8: ἐφήμερον καὶ βραχεῖαν δόξαν (= popularity); Plu. 20 A: ἐφήμερον καὶ ἀβέβαιον χάριν; Plu. 41 E: ἡδὺ μέν, ἐφήμερον δὲ καὶ ἄκαρπον ἔργον; Ε. Ph. 558 (del. versum Valkenaer): ὁ δ' ὄλβος οὐ

βέβαιος ἀλλ' ἐφήμερος; Ε. Heracl. 866: ἐφήμεροι τὐχαι (see note 13); Diph. Eun. 45: ἀπροσδόκητον οὐδὲν ἀνθρώποις πάθος ἐφημέρους γὰρ τὰς τύχας κεκτήμεθα; Th. 2.53.2: ἐφήμερα τὰ τε σώματα καὶ τὰ χρήματα ὁμοίως ἡγούμενοι because of the ἀγχίστροφος μεταβολή during the plague; Pl. Ep. 7.356Α: τιμὴν αὐτῷ καὶ γένει ἀείζωον ἀντὶ τυραννίδος ἐφημέρου καὶ ἀδίκου κτώμενος. (Τυραννὶς) ἐφήμερος probably means here "precarious" (by contrast to ἀείζωος "indestructible"), cp. E. fg. 420: ὁρᾶς τυράννους διὰ μακρῶν ηὐξημένους (their power thrived for a long time) ὡς μικρὰ τὰ σφάλλοντα, καὶ μί ἡμέρα τὰ μὲν καθεῖλεν ὑψόθεν, τὰ δ' ἦρ' ἄνω. On the other hand, the rendering "short-lived" (it has its day and then perishes) would also make a good contrast to ἀείζωος. The notions "unstable, precarious" (group 1) and "fugitive, transitory" (group 3) are too close for neat separation; and it seems that ἐφήμερος = "subject to such changes as any day may bring about" was often fused in later times with ἐφήμερος = "lasting for a day only, ephemeral."

(2) "Everyday" (cp. Heracl. Vorsokr. 22, B.6: δ ήλιος νέος ἐφ' ἡμέρη ἐστίν, and ἐπέτειος "recurring every year"). Ascl. Tact. 1.4: πρὸς τὴν ἐφήμερον γυμνασίαν τε καὶ ἄσκησιν . . . καὶ πρὸς τοὺς ἐπ' ἀληθείας ἀγῶνας ("for routine training as well as for actual combat"); Plu. Per. 16.5: οὐχ ἡδὺς ἢν (scil. Pericles) ἐνηλίκοις παισὶν οὐδὲ γυναιξὶ δαψιλὴς χορηγός, ἀλλ' ἐμέμφοντο τὴν ἐφήμερον ("everyday, humdrum") ταύτην καὶ συνηγμένην εἰς τὸ ἀκριβέστατον δαπάνην, not at all as one would expect from a very wealthy man, but with every expense and quantity counted and meas-

ured.

"A matter of daily necessity" = ϵis πᾶσαν ἡμέραν (cp. Hdt. 1.32.5: δ ἐπ' ἡμέρην ἔχων, opp. ὁ μέγα πλούσιος), with reference to the food needed to keep body and soul together from each day to the next. Arist. Pol. 1.1252B.16: Ἡ μὲν οὖν ϵis πᾶσαν ἡμέραν συνεστηκυῖα κοινωνία κατὰ φύσιν οἶκός ἐστιν, οὖς Χαρώνδας μὲν καλεῖ ὁμοσιπύους, Ἐπιμενίδης δὲ ὁ Κρἡς ὁμοκάπους (both = "messmates"). ἡ δ' ἐκ πλειόνων οἰκιῶν κοινωνία, πρώτη χρήσεως ἕνεκεν μὴ ἐφημέρου, κώμη.

Hence ἐφήμερος τροφή "day-to-day sustenance," Stob. 1.1.13 (1, p. 27 Wachsmuth): Ζεὺς ἔσθ' ὁ πέμπων τὴν ἐφήμερον τροφήν; D. H. 8.41.5: ἀπῆλθεν ἐκ τῆς οἰκίας . . . μόνος, ἄδουλος, ἄπορος, οὐδὲ τὴν ἐφήμερον ὁ δύστηνος ἐκ τῶν ἐαυτοῦ χρημάτων τροφὴν ἐπαγόμενος; Ερ. Jac. 2.15: γυμνοὶ ὑπάρχωσιν καὶ λειπόμενοι τῆς ἐφημέρου τροφῆς; Vett. Val. 62.17: ἐνδεεῖς τῆς ἐφημέρου τροφῆς; Aristid. 28.139 Keil (2, p. 537 Dind.): τῆς ἐφημέρου τροφῆς ἀπορῶν (a beggar); D. S. 3.32.3: (of primitive nomads) their herds rather than their parents provide for them τὰς ἐφημέρους τροφὰς ἀεί; Plu. 938Β: τὴν Σελήνην . . . τρέφειν τοὺς ἄνδρας ἀμβροσίαν ἀνεῖσαν ἐφημέριον.

Ἐφήμερος βίος sim. "from hand to mouth." Fg. Trag. Adesp. 284: ἄπολις, ἄοικος, πατρίδος ἐστερημένος, πτωχός, πλανητής, βίον ἔχων ἐφήμερον (var. ll.: τὸν ἐφήμερον et τοὐφημέραν); Menander fg. 382 Kock: στρατεία δ' οὐ φέρει περιουσίαν οὐδεμί', ἐφήμερον δὲ καὶ προπετῆ βίον; Ph. 5, p. 290.4 Cohn: A laborer should be paid without delay, ὅτι καὶ . . . ἐφημερόβιος ὢν ὁ χειροτέχνης ἢ ἀχθοφόρος . . . ἐπὶ τῷ μισθῷ τέθειται τὴν ἐλπίδα (cp. also A.P. 7.634, Antiphilus Byz.: ὄφρα λάβοι μισθὸν ἐφημέριον); Plu. Galba

16.2 (1060A): Οἱ περὶ σκηνὴν καὶ παλαίστραν were reluctant to refund

90% of the bounties which they had received from Nero, ἀνηλώκεσαν γὰρ οἱ πλεῖστοι τῶν λαβόντων, ἐφήμεροι καὶ σατυρικοὶ τοῖs βίοιs ἄνθρωποι. — Meaning uncertain in Ptol. Tetr. 3.13 (p. 160): . . . παραλογιστάς, ἐφημεροβίους, ἐντρεχεῖs, etc.

(3) "Lasting for one day" (cp. ἐπέτειος of "annual" plants in Arist.). Arist. HA 5.552B.23: (an insect) ἄμα δυομένου (ἡλίου) ἀποθυήσκει, βιῶσαν ἡμέραν μίαν διὸ καὶ καλείται ἐφήμερον; cp. also HA 1.490A.34; PA 682A.26. Hp. Aph. 4.55: Οἱ ἐπὶ βουβῶσι πυρετοὶ πάντες κακοί, πλὴν τῶν ἐφημερίων.

Hence: "transitory, fugitive" (see also the remark at the end of group 1). Arist. EN 1096B.5: ἀλλὰ μὴν οὐδὲ τῷ ἀίδιον εἶναι (scil. the Platonic idea) μᾶλλον ἀγαθὸν ἔσται, εἴπερ μηδὲ λευκότερον τὸ πολυχρόνιον τοῦ ἐφημέρου; Mete. 347B.21: ἐφήμερος ("of short duration") γὰρ ἡ σύστασις (the formation of dew) καὶ ὁ τόπος μικρός (opp. ὅ τε τόπος πολὺς καὶ ὁ χρόνος for the formation of rain); Ph. 3, p. 9.9 (Wendland-Cohn): ολιγοχρόνιον (οpp. πολυχρόνιον) καὶ ἐφήμερον (opp. πολυήμερον) καὶ ὠκύμορον (ODD. ἀκήρατον καὶ ἀθάνατον) ἀγαθόν; 2.88.18: τοῖς ἐφημέροις καὶ νόθοις (ἀγαθοῖς, opp. τὰ γνήσια καὶ ἄφθαρτα ἀγαθά); 4.88.9: τὰ δ' ἄλλα ὅσα περὶ τὸ σῶμα οὐκ ἐνύπνια: (see note 11) οὐ κάλλος μὲν ἐφήμερον, πρὶν ἀνθῆσαι μαραινόμενον; ὑγίεια δ' ἀβέβαιον . . .; 5.329.9: ἄνθρωποι . . ., ζῷα ἐπίκηρα καὶ φθαρτά, καὶ αἱ τούτων ἀβέβαιοι καὶ ἐφήμεροι τὰ πολλὰ εὐπραγίαι; 2.27.5: έφήμερον καὶ κατεψευσμένην εὐκαιρίαν (opp. λόγος θεῖος); 3.83.17: ἵνα μὴ έφήμερα άλλ' άθάνατα καὶ μακραίωνα γένηται τὰ θεῖα βλαστήματα; 1.54.22: έφήμερον καὶ θνητόν (opp. μακραίωνα βίον); 2.197.20: τὸ παράνομον ἐφήμερόν τε καὶ εὐδιάλυτον έξ ἐαυτοῦ (opp. νόμιμον αἰώνιον, νόμος οὐ φθαρτός).

"Of that particular day." Luc. Pseudol. 17 (175): οὐκ ἀγαθὰς μαντευόμενος τὰς ἐφημέρους ἐκείνας πράξεις ἔσεσθαι αὐτῷ.

"(A poison) killing within the day." Thenr. HP 9.16.6: ἀλλὰ καὶ τοῦ ἐφημέρου φάρμακον (= antidote) εὐρῆσθαι ἔτερον γάρ τι ῥιζίον εἶναι, δ ἐφήμερον ἀπαλλάττει (. . . Some poisons can be skilfully prepared so as to kill after 2, 3, 6, 12, or 24 months); Plu. Them. 31.6: φάρμακον ἐφήμερον προσενεγκάμενος . . . κατέστρεψε; Nic. Alex. 250: ἐφήμερον.

- (4) Antipho Soph., Vorsokr. 87, B.50: τὸ ζῆν ἔοικε φρουρᾶ ἐφημέρω, τὸ τε μῆκος τοῦ βίου ἡμέρα μιᾶ, ὡς ἔπος εἰπεῖν, ἢ ἀναβλέψαντες πρὸς τὸ φῶς παρεγγυῶμεν τοῖς ἐπιγιγνομένοις ἐτέροις. If ἐφήμερος = "short-lived" had been commonplace in Antiphon's time, he would hardly have bothered to add ὡς ἔπος εἰπεῖν in order to apologize for the paradox that the entire life span is "like a single day." The conceit combines two elements: (1) Life = looking up to the light of day, death = night; (2) Life can be compared to guard duty. The elements do not fit too well together, because the tour of guard duty for each group lasted obviously for one day and night; otherwise the continuity (of soldiers on watch, and of generations at their posts) would be lost. Cp. Plato, Leg. 6.758A-B, 779A, for day-and-night watches.

INDEX

This index supplies references to passages discussed in the body of the article, not including the Appendix. Passages containing the word $\epsilon\phi\eta\mu\epsilon\rho\sigma$ s (or a variant) are marked with an asterisk.

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Aeschylus, Prom. *547-9: note 11
                                           Pindar, Isthm. *7.40 ff.: ¶ 10
           fg. *399: notes 11, 17
                                                   Nem. *6.1-24: ¶ 8 and note 18
Archilochus, fg. 68 Diehl: ¶ 7
                                                          11.37-47: notes 18, 21
Aristoph., Av. *685-7: notes 11, 17
                                                      Ol. 12.3-12: note 21
                                                       P. 3.107 ff.: ¶ 10
          Eq. 518: note 8
Aristot., Eth. Nic. 1100B.6: note 31
                                                          *8.88-97: ¶ 1-4
         fg. *44: note 13
                                                      fg. 43 Schroeder: note 32
Democritus, B.158: note 23
                                                          *157: ¶ 8
Empedocles, B.2: ¶ 9
                                                          *182: ¶ 8 and note 17
Epic fg., Powell, Anal. Alex. 246, no. 2:
                                           Plut., Alcib. 23.4: note 31
              note 32
                                                 Mor. *115D: note 13
Epicurus, fg. *489 Usener: note 12
                                                       *1090B: note 17
                                           Protagoras, 80, A.13-18, B.1: note 28
Eurip., Heraclidae *865 f.: note 13
       Or. *976-81: note 13
                                           Semon. Amorg., fg. 1: ¶ 8
                                          Sophocles, Ajax 125-31: ¶ 15
Heraclitus, B.17: note 28
Herodotus, 1.32: ¶ 5
                                                      Trach. 1278: note 15
                                          Stob. 4.36.66, "Hermolochus": note 21
Hesiod, Opp. 101-3: note 21
Homer, Il. 20.241-3: note 18
                                           Theocr. *30.31 f.: note 17
        Od. 1.1−9: ¶ 13
                                           Theognis, 159 f.: notes 21 f.
            *4.223: note 24
                                                     213-18: ¶ 11, 13 and note 30
            5.432 ff.: note 35
                                                     373-92: note 19
            17.322 f.: note 16
                                                     *485 f.: ¶ 8
            18.130-40: ¶ 6, 14
                                                     *655 f.: note 29
              and note 26
                                                     *963-70: ¶ 11 and note 17
            *21.85: ¶ 8 and note 17
                                                     1071-4: ¶ 13 and note 30
Parmenides, B.16: ¶ 9
                                                     1257 f.: ¶ 13 and note 33.
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Addendum—My tentative explanation, in note 29, page 139 above, of Theognis 655 f. is confirmed by the close parallel, even to the vocabulary (ἀνίαισι, πάντα, κάδος ἀλλότριον) of Pindar, Nem. 1.53 f.: (Many men rushed to the boys' assistance, but the father "was struck with keen anxiety; for it happens with all people alike that their own anxiety weighs down on them,) while the heart immediately throws off concern for someone else's woe." Εὐθὺς ἀπήμων κραδία means that "the feeling is only a passing impression" (J. B. Bury), exactly as ἐφημέριον in Theognis was explained above as referring to a transitory reaction.—The couplet (Theognis 655 f.) was no doubt originally meant to follow upon 645 f. (cp. κηδεμόνας—ἀλλότριον κῆδος).